

MUNACA

NEWSLETTER

Summer Edition 2024



Highlights for Summer



Dear MUNACA members,

"And so with the sunshine and the great bursts of leaves growing on the trees, just as things grow in fast movies, I had Get involved! that familiar conviction that life was beginning over again with the summer." - F. Scott Fitzgerald, The Great Gatsby

What's Inside?

Marriage Leave

Moving Day

MUNACA IT Heroes

Steward Spotlight

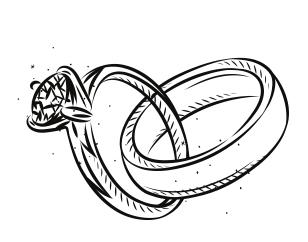
Montreal Terasses

Summer Barbecue!

So, too, does our newsletter begin again; summer is finally here! The leaves are back on the trees, the snow tires are off, and the season of bike trails, beaches and barbecues beckons. As we all get ready for the sunny days ahead, and our relaxing summer fridays, here are some things to remember during the sunny season!

Marriage - social leave entitlements

Wedding Season is upon us! Did you know our Collective Agreement provides time off for you for the celebration of your or a family member's marriage? You are entitled to up to five (5) paid consecutive days off for your own wedding, and one (1) day for the wedding of a family member! Take a look at Articles 30.10 & 30.11 in the Collective Agreement for more information.





The Quebec tradition of the July 1st moving day is fast approaching! We want to remind you that you're entitled to one (1) paid day off for the purpose of moving to a new permanent residence. Please refer to Article 30, clause 30.12 of the Collective Agreement for more information.

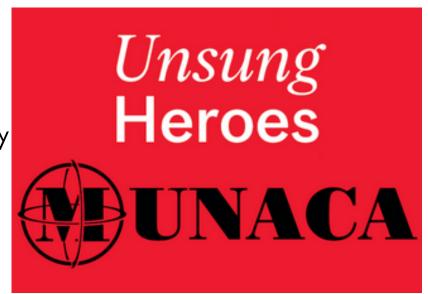




MUNACA Members Recognized for Excellence in IT Services

We are pleased to share that several of your colleagues in IT Services have been awarded certificates of recognition for their exceptional contributions in several key areas: Teamwork, Rigor & Discipline, Customer Service, and Communications.

These awards highlight the important work being done by MUNACA IT professionals at McGill University. They play a critical role in supporting McGill's operations and significantly enrich the experiences of students, faculty, and staff.



Congratulations to the following members for their remarkable contributions):



Pierre Cambron Emily Comeau Alexandre Galant Martin Mork



Spotlight on Your Stewards: Ranjan Roy

"As the Chairperson of the MUNACA Health and Safety Committee, I think of the safety of our members often. I think about their Physical Safety at work and their Mental Safety. I believe you can't have one without the other. Again in my view, if you feel physically safe then your mind is at ease, and if your mind is at ease then you are more aware of your physical safety.

I try and live this mantra.

In my role as an Analytical Technician at McGill, I have to be laser-focused on working safely with some of the most dangerous chemicals ever developed. These projects can be several-day affairs. This focus on such a project is actually very meditative. It brings me a level of calm. When it's time to leave my work at McGill. I both physically and mentally leave.

To help transition my mind and body, I train my two beautiful dogs at the Lakeshore Dog Training Association. We have classes, and we have homework to do. I find nothing is more calming than running around with your dogs and petting them.

I find that my life choices also help me in my role as Health and Safety Chair to stay calm and listen to our members attentively.

I am curious to know, what are you doing to find balance in life?"

Ranjan Roy





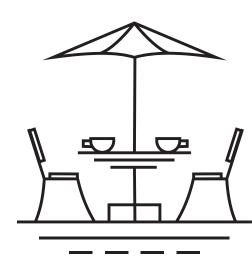


Montreal Terasse Reccomendations

We have put together a list of terrasse recommendations for you and your co-workers to try this summer! If you know a spot you think your coworkers should not miss out on, reach out to communications.chair@munaca.com!



- <u>Dieu du Ciel</u>: this microbrewery in the Plateau has a cute, albeit small, patio but a great selection of beers. Located at 21 Av. Laurier O, Montréal, QC H2T 2N2, a 15-minute walk from the Laurier metro station.
- <u>Pigeon Café & Bar</u>: Another cute little patio, just five minutes away from McGill and with very tasty cocktails.
- <u>Café Olimpico</u>: For all the coffee lovers out there, this popular Mile End café has great options and also delicious desserts! Located at 124 Rue Saint-Viateur O, Montréal, QC H2T 2L1.





MUNACA Summer Barbecue!

The MUNACA BBQ will be held Wednesday, June 19th at Lower East Field, by Burnside. We are looking for volunteers to serve food. Please contact the <u>MUNACA Office</u>.



Get involved!

MUNACA has several committees open to member involvement if you would like to get involved.

Communications Committee - <u>Mandate</u>
Solidarity Committee - <u>Mandate</u>
Negotiations Support Committee - <u>Mandate</u>

If you are interested in joining the Communications committee please contact <u>communications.chair@munaca.com</u>, for the Solidarity committee please contact <u>solidarity@munaca.com</u> and to join Negotiations support committee please contact <u>vpcomm@munaca.com</u>!





Stewards in your area Would you like to get more involved? 'Apply Now'!

MUNACA History To read more about the rich history of MUNACA visit our website.

<u>MURA Considering retirement? Check out McGill University Retiree Association</u> (<u>MURA</u>).

How to redirect your emails from your Junk folder:

Right Click on the email within the list you want to redirect to your Inbox.

<u>Drop down menu should offer "Junk"</u>

In "Junk", select "Never Block this Group or Mailing List"

<u>Selecting solely "Not Junk" will not work.</u>

Correction to previous newsletter: MUNACA would also like to thank Debra Yee for her prior service as VP Comms

MUNACA on Social Media:

